



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

COMPETITION POOL SCHEDULE

LINK AQUATIC CENTER / ILLINOIS VALLEY YMCA

Effective Date:
Dec. 1 – 31, 2022

<i>Pool schedule is subject to change without notice.</i>	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	6:30-7:30a Lap Swim 8 Lanes	6:30-7:30a Lap Swim 8 Lanes	6:30-7:30a Lap Swim 8 Lanes	6:30-7:30a Lap Swim 8 Lanes	6:30-7:30a Lap Swim 8 Lanes		
	7:30-8a Lap Swim 8 Lanes	7:30-8:30a Lap Swim 8 Lanes	7:30-8a Lap Swim 8 Lanes	7:30-8a Lap Swim 8 Lanes	7:30-8a Lap Swim 8 Lanes		
Swim Lessons Tues. 4:30-6:45p Thurs. 5:30-7:15p	8-9a Lap Swim 5 Lanes	8:30-9:30a Lap Swim 5 Lanes	8-9a Lap Swim 5 Lanes	8:30-9:30a Lap Swim 5 Lanes	8-9a Lap Swim 5 Lanes		
No Open Swim during swim lessons	9-10:30a Lap Swim 5 Lanes	9:30-10:30a Lap Swim 5 Lanes	9-10:30a Lap Swim 5 Lanes	9:30-10:30a Lap Swim 5 Lanes	9-10:30a Lap Swim 5 Lanes		
	10:30a-11a Lap Swim 5 Lanes	10:30a-11a Lap Swim 5 Lanes	10:30a-11a Lap Swim 5 Lanes	10:30a-11a Lap Swim 5 Lanes	10:30a-11a Lap Swim 5 Lanes	10a-3p Lap Swim 5 Lanes	11a-3p Lap Swim 5 Lanes
Open Swim Schedule Mon. & Wed. 9:00a - 1p 4 - 5p 6:30 - 8p	11a-1p Lap Swim 5 Lanes	11a-1p Lap Swim 5 Lanes	11a-1p Lap Swim 5 Lanes	11a-1p Lap Swim 5 Lanes	11a-1p Lap Swim 5 Lanes	Open Swim	Open Swim
Tues. 10:30 - 1p 4 - 4:30p 6:45 - 8p	4-5p Lap Swim 5 Lanes	4-4:30p Lap Swim 5 Lanes	4-5p Lap Swim 5 Lanes	4-5p Lap Swim 2 Lanes	4-6p Lap Swim 2 Lanes		
Thurs. 10:30 - 1p 4 - 5p 7:15 - 8p	5-6:30p Swim Team 5 Lanes	4:30-6:45p Swim Team 5 Lanes	5-6:30p Swim team 5 Lanes	5-6:30p Swim Team 4 Lanes	6-8p Lap Swim 5 Lanes		
Fri. 9:30a - 1p 4 - 8p	Water Exercise	Swim Lessons	Water Exercise	Lap Swim 2 Lanes	Open Swim		
Sat. 10a - 3p	6:30-8p Swim Team 4 Lanes	6:45-8p Swim Team 4 Lanes	6:30-8p Swim Team 4 Lanes	6:30-7:15p Swim Lessons 3 Lanes			
Sun. 11a - 3p	Lap Swim 2 Lanes	Lap Swim 2 Lanes	Lap Swim 2 Lanes	Lap Swim 5 Lanes			
	Open Swim	Open Swim	Open Swim	Open Swim			
				7:15-8p Lap Swim 5 Lanes			
				Open Swim			